



"adventure is not in the guidebooks, and beauty is not on the maps."

CALLEVA Inc.
13015 Riley's Lock Rd.
Poolesville, MD
20837
www.calleva.org
301-216-1248 (o)
240-414-2475 (fax)

SCUBA NORTH CAROLINA NEEDS LIST

NEEDSLIST: IT IS IMPORTANT THAT YOU READ THE EQUIPMENT LIST CAREFULLY AND UNDERSTAND THE ITEM DESCRIPTION. If you have any questions or if you would like more information about any items on the checklist, please (301)216-1248.

SCUBA Gear:

- Bathing Suit
- Wetsuit (if you own one)
- Well Fitting Mask, Snorkel and Scuba Fins (keep inside mesh bag with name on bag)
- PADI certification for Advanced SCUBA Card (call Karen if you are not Advanced SCUBA)

Clothing:

- 2 quick drying towel
- 2 pair quick drying shorts
- 1 pair quick drying pants
- 1 quick drying long sleeve shirt
- 3 to 4 short sleeve T-shirts
- Wind breaker and pants
- Fleece Sweater (not cotton)
- Sneakers (closed toe)
- Underwear
- 3 to 4 pairs of socks
- Flip flops or teva style sandals
- Sleeping Bag
- Sleeping Pad
- Day backpack that fits gear to carry on to boat
- Thick trash Bags to waterproof gear
- Afrin Nasal Spray if prone to congestion
- Unbreakable large mug, cup, bowl, fork, spoon, knife in a mesh bag
- Toiletries and/or meds in zip lock bag
- Money (around \$50)

Optional Gear:

- Water Resistant Camera
- Dive computer (if you have one)
- Waterproof depth resistant watch

PLEASE DO NOT BRING ANY ELECTRONICS: NO IPODS, NO CELL PHONES

This is a Tech-Free week except for our dive gear! Leaders will have cell phones if contact is needed. Let Karen know if you have any meds or dietary needs.

Hudson Trail Outfitters is one of Calleva's community partners. A local, family-owned business, HTO promote healthy lifestyles and encourages kids and adults to get outdoors and experience adventure. HTO sells quality equipment for climbers, bikers, hikers, campers and paddlers. Calleva staff & instructors shop at HTO and Calleva collaborates with HTO in many different areas. Be sure to support this great local company!

We are aware of the expense and variety of equipment that is expected. This list is something to mimic, we suggest borrowing from friends and family to cut down the costs, but we would like every camper to be outfitted properly to live comfortably and safely in the backcountry. Calleva also has gear to lend, so if there is something that you cannot get on your own, please give Calleva a call.